



Summer Training Schedule - August 2010

	Monday 26 July 3 lanes	Thursday 29 July 3 lanes	Friday 30 July 2 lanes	Monday 02 August 3 lanes	Thursday 05 August 3 lanes	Friday 06 August 2 lanes	Monday 09 August 3 lanes	Thursday 12 August 3 lanes	Friday 13 August 2 lanes	Monday 16 August 3 lanes	Thursday 19 August 3 lanes	Friday 20 August 2 lanes	Monday 30 August
Top	18:30 - 20:30	18:00 - 20:00	19:00 - 20:30	18:30 - 20:30	18:00 - 20:00	19:00 - 20:30	18:30 - 20:30	18:00 - 20:00	19:00 - 20:30	18:30 - 20:30	18:00 - 20:00	19:00 - 20:30	Bank Holiday
Platinum	18:30 - 20:30		17:30 - 19:00	18:30 - 20:30		17:30 - 19:00	18:30 - 20:30		17:30 - 19:00	18:30 - 20:30		17:30 - 19:00	
Gold	18:30 - 19:30		17:30 - 19:00	18:30 - 19:30		17:30 - 19:00	18:30 - 19:30		17:30 - 19:00	18:30 - 19:30		17:30 - 19:00	
Masters		18:00 - 20:00			18:00 - 20:00			18:00 - 20:00			18:00 - 20:00		

Normal training resumes Monday 23rd August at Walnuts . All other pools resume 1st week September as follows:-

Sevenoaks - Thursday 2nd September
 Eltham - Sunday 5th September
 Biggin Hill - Tuesday 7th September

August training is available to all of Top Squad and Platinum. It is also available for Gold selected for the Kent Junior League (see notice board) and Masters competing for the Club in events in September and October.